

2023 Winter Spokane Taekwondo Championship



Date: February 11th, 2023

Events:

2020 Armor Sparring (Mortal Kombat Sparring)

Poomsae

Obstacle Course

No waiting, only 2 hours!

**Get Your Own Mortal Kombat
Sparring Video!**

This is meant to be for everyone regardless of their skill level and should be a fun, inspirational tournament and not overly competitive. We are asking that all athletes, coaches, and parents, encourage and assist all athletes in the competition to make a fun pleasurable atmosphere for all athletes. The goal of this tournament is to have each student walk away with about 3 medals and be proud of all their hard work. I hope that this tournament will inspire all students to practice even harder inside and outside of class and each student will have something to work on. No gear is required, we provide all of the required gear to borrow (Shin and instep, forearm pads, head gear, chest protector), but if you have your own, bring it. We recommend that you bring a mouth guard and groin cup.

Tournament Schedule:

9am - Group 1 of Tournament Starts

10:50am – Awards For Group 1

11am – Group 2 of Tournament Starts

12:50am – Awards For Group 2

1pm – Group 3 of Tournament Starts

2:50pm – Awards For Group 3

3pm – Group 4 starts (if needed)

4:50pm – Awards For Group 4 (if needed)

Beginner Friendly!

Good First Tournament!

Inspiration To Train Harder!

Lots Of Fun!

Groups will generally be determined based on lowest rank, then youngest age. If there is a scheduling conflict and one of the times don't work for you, we can work around those times just let us know when filling out the application. All groups will be pre-bracketed to ensure the tournament goes quickly. Group 1 consists of about 20 of the younger and lower ranking students, group 3-4 consists of the higher ranking students. You will be assigned a division within a group at the tournament. Divisions will usually

consist of 3 – 4 students. You will know the group you are in a few days before the tournament starts, if you need to know sooner email us at integrityma@hotmail.com.

Bracketing will be done by Master Klinger along with your instructor's input.

Rules:

2020 Armor Sparring (Mortal Kombat Sparring): The sparring tournament will be using 2020 Armor to decide the scoring. We will use all of the traditional WT penalties and the fights will be the best of three, one minute fights. Most competitors should get the opportunity for battling at least two different opponents. If a player gets a standard penalty, the opposing player will get one free kick on them where they can't move, but can only block. Head contact to a headgear will be allowed for green belt and above as long as it's controlled and light head contact. If a head kick is scored, the referee will stop the match and the opposing competitor will be stunned (unable to attack or use footwork, but can block for 5 seconds counted by the referee). If 3 head kicks are scored in a round by a competitor, that competitor wins the round. In case of a tie in a match, the number of kicks to the head will decide the winner. If there is still a tie, the officials will vote.

In case of a 3 way tie, the tie breaker will be # of rounds won, then lowest # of rounds lost, then # of head kicks, then lowest # of head kicks scored, then # of rounds won before time is up, then lowest # of rounds lost before time is up, then decided by pushups.

Poomsae:

Poomsae will be graded individually on a scale of 5 to 10 with each judge giving a score between 5 and 10. A competitor may choose to do any form they have learned and will not be penalized on their choice, but it is recommend that it is appropriate to your rank. After all of the competitors are done, the winner will go to the competitor that has the most special points. Special points are calculated by giving 3 points to each judge's 1st pick, 2 points to each judge's 2nd pick, and 1 point to each judge's 3rd pick. In case of a tie, the tiebreaker will be the head Poomsae judge's vote.

Obstacle Course:

The goal of this event is for it to be a fun event where every competitor has a chance regardless of how they perform at the other events. You'll have to move around a series of obstacles and do various moves to complete the course. If you mess up on a course, time penalties will be applied to your final score. The competitor with the least amount of time, wins.

Sign Up At: www.SpokaneMartialArts.com/2023WinterTournament/

Tournament Location:

Integrity Martial Arts
2704 N. Hogan St. Ste. #6 Spokane, WA 99207

Contact Information:

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